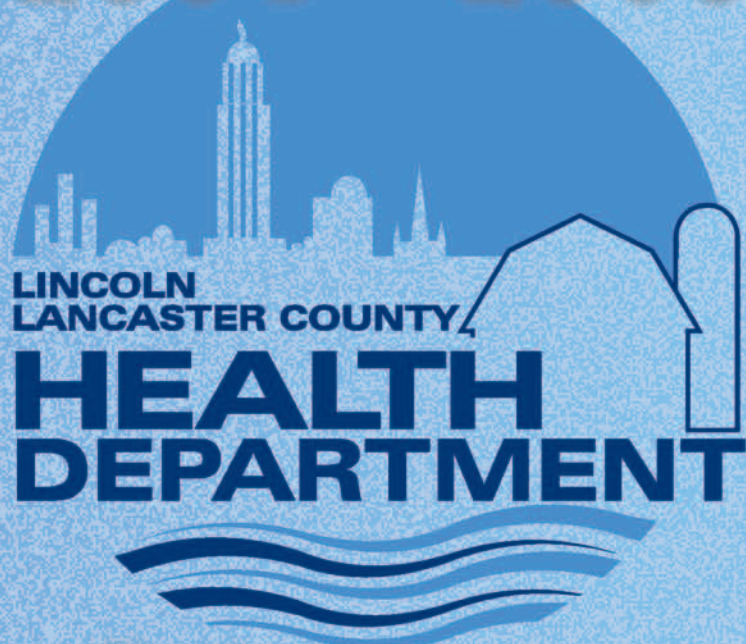


2004 - 2005



# 58<sup>th</sup> ANNUAL REPORT

*Enjoy! Smoke-Free Lincoln*



*Public Health - Everyone, Everyday, Everywhere*



- ANIMAL CONTROL
- COMMUNITY HEALTH SERVICES
- DENTAL HEALTH & NUTRITION
- ENVIRONMENTAL PUBLIC HEALTH
- HEALTH DATA & EVALUATION
- HEALTH PROMOTION & OUTREACH
- INFORMATION & FISCAL MANAGEMENT



# PUBLIC HEALTH

## Every One - Every Day - Every Where



**Bruce D. Dart, PhD**  
Health Director

### A Collective Response to Community Health Challenges

A challenge facing local health departments today is mobilizing communities for collective action to empower individuals to adopt healthy behaviors, to direct policy makers' attention to important health issues, and to frame those issues for public debate and resolution. To address this challenge, the Lincoln-Lancaster County Health Department has developed community partnerships to positively affect individual and population health status. Whether on a large scale, by establishing partnerships with local healthcare systems, or on a more personal level, educating individuals one-on-one about their health concerns, professionals at the LLCHD are meeting the needs of our community in the 21st century.



**Coleen J. Seng, Mayor**

### Mission Statement

*The Lincoln-Lancaster County Health Department provides leadership in promoting environmental and personal health through health promotion, disease detection, disease prevention, education and regulation. In cooperation with community resources, the Department, as the official agency, is responsible for assisting the community and the citizens to assume responsibility for their health and the health of the community.*



Collaboration is a key element to public health. The public health system that serves communities is composed of a wide variety of agencies and organizations. To maintain effectiveness, new collaborations will be needed to rise to new public health challenges.

Each person in a community should have an opportunity to contribute to public discussions. In the process of developing and evaluating policy, it is important to ensure all who would like to contribute to the discussion will have an opportunity to do so. Our citizens are intrinsically social and interdependent.

Positive relationships among individuals and positive collaborations among institutions are signs of a healthy community. The rightful concern for the physical individuality of our citizens and one's right to make decisions for one's self must be balanced against the fact that each person's actions affects other people. Utilizing effective communication strategies between health providers, community stakeholders, and community-based organizations strengthens the resolve of community health leaders to protect and maintain the health of all citizens of Lincoln and Lancaster County.

**Bruce D. Dart, PhD**  
Health Director

*Health Department breaks ground for building addition at their ceremony on April 6, 2005.*



## 2004 - 2005

### BOARD of HEALTH Members



**Larry Hudkins**  
Board President  
County Commissioner

*In 1873, a City Council ordinance created the Board of Health. In 1886, the City Council approved an appropriation for the Health Department. The Department was created as an official City/County entity in 1947. The Mayor appoints the Health Director, with confirmation by the City Council, County Board and Board of Health. The Board of Health consists of one physician, one dentist, one City Council member, one County Board member and five public-spirited members appointed by the City Council and County Board.*



**Catherine Alley, DDS**



**Rodrigo Contarero, PhD**



**Debra Humphrey, Pharm D**



**Tony Messineo**



**Lisa Peterson, MD**  
Vice President



**Hena Roy, MD**



**Ed Schneider, OD**



**Ken Svoboda**  
City Councilman

### About the BOARD of HEALTH

The Board of Health assists the Department with the development and the implementation of public health policy. Each board member contributes a unique perspective and expertise that helps fulfill the Department's mission of protecting and promoting the health of the public. Board members represent diverse populations throughout Lincoln and Lancaster County and often advocate for improved personal and environmental public health services.



Animal Control

Service Statistics

	FY 2002-03	FY 2003-04	FY 2004-05
Animal licenses sold	48,241	50,241	51,371
Calls dispatched/cases	20,612	23,811	20,878
Animals impounded	4,248	4,539	4,029
Dogs and cats claimed by owner	1,803	1,858	1,661
Dogs and cats unclaimed and transferred to shelter	2,320	2,320	2,368
Court citations issued	1,154	1,224	748
Warning/defect tickets issued	5,154	5,510	4,344
Bite cases reported	531	560	523
Pet shop, large animal, cattery, and other permits issued	97	109	123
Animal neglect investigations	1,005	885	980
Lost and found queries	2,403	2,053	1,668
Calls for information, service requests, and others	59,025	50,889	44,859
Wildlife removal	518	680	545
Injured animal rescue	1,465	1,342	1,206
Dogs declared potentially dangerous	131	126	118
Dogs declared dangerous	31	41	32
Dogs declared vicious	5	0	1
Biter animals signed over to Animal Control	18	16	6



Animal Control Officers perform a wide range of duties when protecting the rights of animal owners and non-owners. Public health and safety is accomplished through a combination of education and enforcement. Services provided by Animal Control include:

- License sales
- Bites and attacks (prevention and investigation)
- Wildlife removal
- Sanitation
- Injured animal calls
- Noise
- Cruelty and neglect
- Animals at large



Heroes: City of Lincoln  
Animal Control Officers  
Jesse Dunn, DeMon Wimes,  
Diane Hoy, Cheryl Bomberger,  
Melissa Brown, and  
Scott Lowry (not pictured)



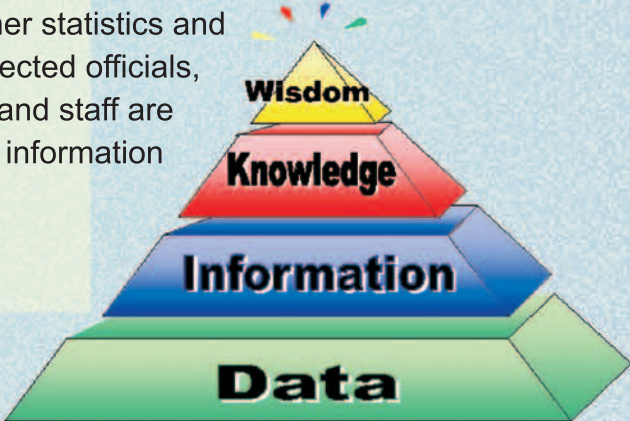
2005 Tribute to Heroes  
In The Line Of Duty Award

Nominator: Kris Johnson  
Sponsored by: BryanLGH Medical Center

When a Class 4 tornado hit Hallam, Nebraska last May, the first concern was for residents' safety. Soon another need became evident. Just after midnight that Sunday morning, the first call came in to Animal Control. Within the hour, six officers were on their way to Hallam where, at great danger to themselves, they searched ruined homes and businesses for lost or stranded animals.

Using Data to Make Decisions

Bridging the gap between data information and knowledge requires looking beyond raw numbers. The Division of Information and Fiscal Management is responsible for bringing together statistics and facts so that elected officials, policy makers and staff are able to access information and apply the knowledge.



Communicable  
Disease & Public Health



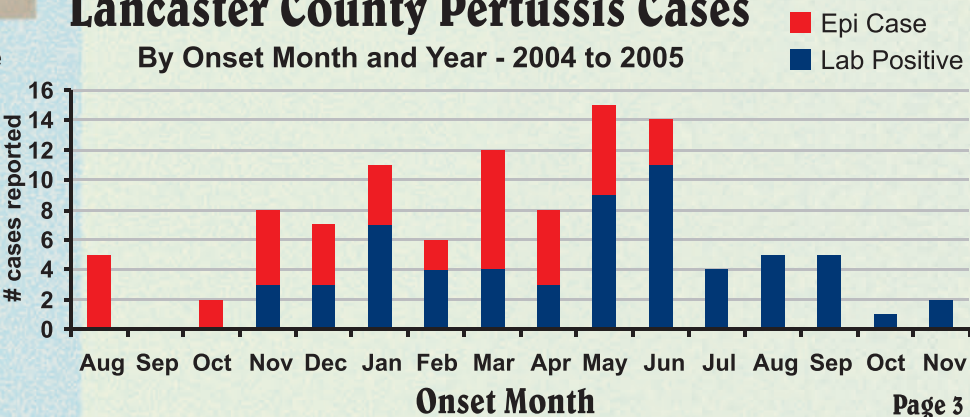
The Communicable Disease program exists to prevent and minimize the spread of communicable disease within the community. This is accomplished through: surveillance, disease investigation, data gathering and analysis, outbreak control, education and prevention.

During the past year, considerable attention was given to conducting epidemiological follow-up on food-borne illnesses and monitoring and tracking infectious diseases such as Pertussis (whooping cough) and influenza. Recent attention has been given to the development of a local plan that could be used in the event there would be a pandemic flu outbreak such as Avian (bird) Flu.

Public Health Preparedness

Emergency response exercises were also carried out to prepare Health Department personnel and local emergency responders in the event there would be a chemical or biological threat to our community. Preparation and planning for both intentional and unintentional public health threats is done in cooperation with local, state and federal agencies and personnel. Lincoln is also fortunate to have in place the Metropolitan Medical Response System which is aimed at improving our medical response to a catastrophic event.

Lancaster County Pertussis Cases  
By Onset Month and Year - 2004 to 2005





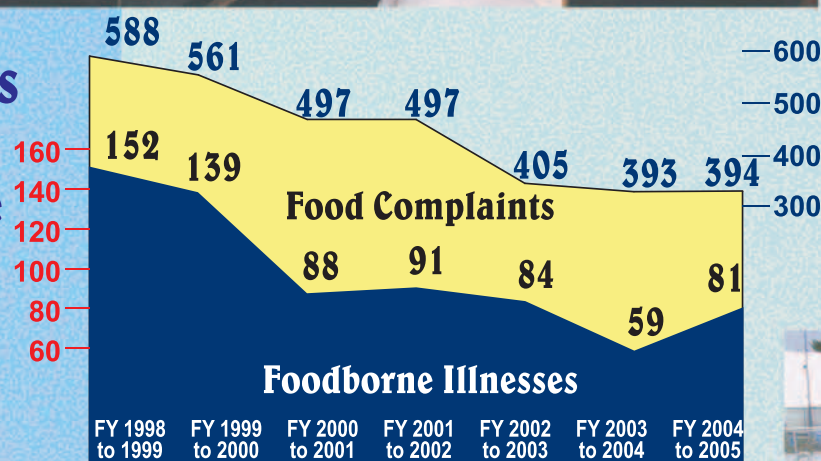
# ENVIRONMENTAL PUBLIC HEALTH:

## Food Safety

While the number of restaurants and food handlers continues to increase, the number of complaints and reports of food borne illnesses has steadily decreased. This very positive trend is due to every food establishment having a highly trained and knowledgeable Food Manager, assuring all food handlers are trained in basic food safety, and operating a comprehensive food safety program including inspections, consultations, and enforcement. All Health Department Food Safety efforts are guided by the Food Advisory Committee, which is made up of both food establishments operators and public members.

*More emphasis on food handler safety, inspections and consultations have contributed to a decrease in complaints and foodborne illness reports.*

## Complaints and Foodborne Illness Reports



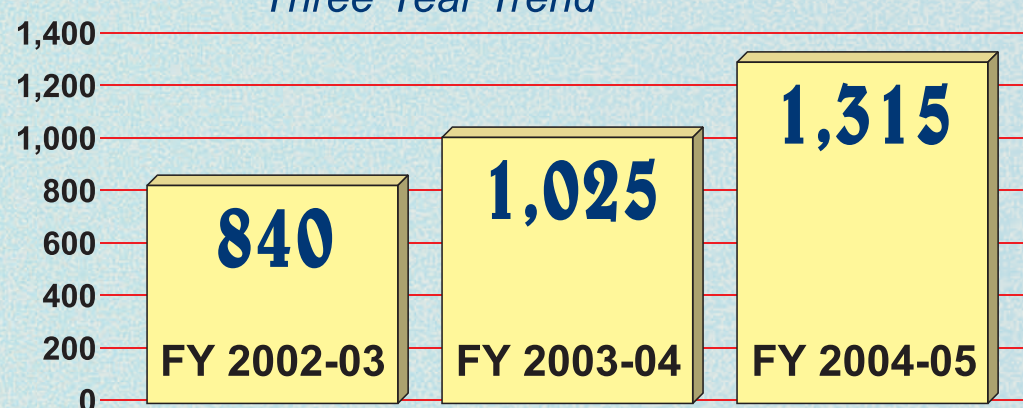
*Lincoln's Problem Resolution Team (PRT) helped clean up this property decreasing any public health threats and removing an unsightly nuisance from the neighborhood.*



Each year nuisance complaints increase, many of which pose a public health threat- whether it be a breeding site for mosquitoes or a harborage for rodents. The Department received 1,315 complaints this past year. The City of Lincoln has a new Action Center for logging, responding, and tracking complaints of all types. The Action Center can be accessed through the City's Web site, [lincoln.ne.gov](http://lincoln.ne.gov).

## Solid Waste Nuisance Complaints

*Three Year Trend*



## Water Safety



**Assurance of safe water goes beyond the traditional emphasis on drinking water and includes recreational water safety.**

Safety around pools was a major focus of the Department this past year. Special equipment was installed at the Woods Park Spray Pool to reduce health risks from recirculated water. A second education effort was directed at home owners and others to reduce the risk of drownings in family swimming pools. The program encouraged parents to fence off pools with a depth of over 18 inches as required by City Municipal Code.



Lincoln-Lancaster Co.

**SAFE KIDS**  
★★★★★  
COALITION

**FENCE IT!**  
**IT'S THE LAW.**  
**441-8000**





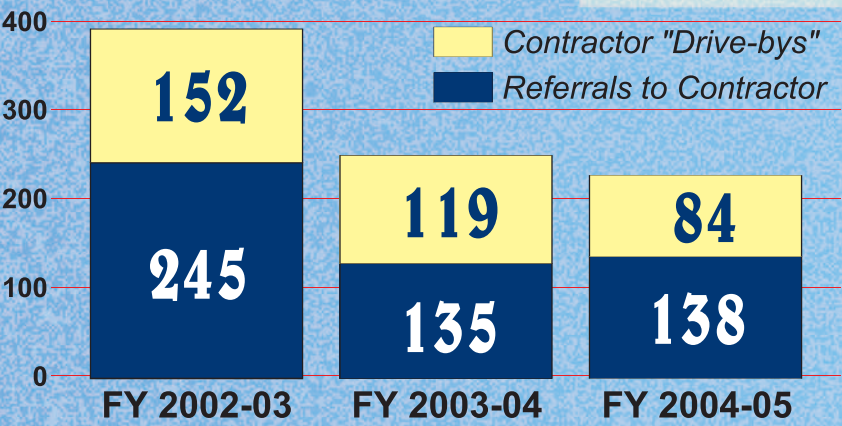


# Air, Land & Water

## Meth Clean Up Costly & Dangerous

The LLCHD Emergency Response Team provides technical assistance to local law enforcement on methamphetamine laboratories located in Lincoln and Lancaster County. Our technical assistance role involves hazardous waste and materials management, environmental clean-up, consultations on chemical exposure concerns as well as children's environmental health issues. While the overall number of clandestine laboratories has dropped in our response area, some of the laboratories found have been much larger and have more advanced equipment with a corresponding increase in levels of production.

## Illegal Dumping/ Clean-up Referrals



By locating illegal dumps early and working quickly to clean them up, the result has been decreased repeat dumping in the same location. To report illegal dumping, call 441-6500.

## Air Quality



**Pollution reduction devices were installed on Lincoln Public Schools' buses. After repeated testing by air pollution control staff, almost every test revealed reductions in carbon monoxide, hydrocarbons and particulate matter.**

## Program Description    Service Statistics

	FY 2002-03	FY 2003-04	FY 2004-05
Individuals trained through foodhandler classes	11,193	11,441	11,302
Food sanitation inspections performed	2,220	2,050	2,024
On-site consultation at food establishments	281	336	224
Food managers trained at food manager seminars	280	266	292
Food Enforcement Notices issued	59	55	43
Potential foodborne illness outbreaks	84	59	81
Child care facility inspections	645	639	343
Onsite consultations at child care centers	136	133	61
Web site visits for Child Care Assistance	8,500	11,000	16,500
Water well and sewage system inspections performed	1,039	1,085	888
Land use proposals reviewed	185	249	256
Water well and septic system permits issued	455	290	542
Drinking water samples collected from private wells	179	434	229
Swimming pool and spa inspections	530	456	443
Illegal dumping report on county roads	397	254	222
Public health nuisance complaints investigated	840	1,025	1,315
Participants attending the earth wellness festival	3,000	3,000	3,000
Air pollution compliance inspections	145	138	158
Asbestos removal inspections	169	144	158
Poor indoor air quality investigations	81	76	61
Telephone consultations related to indoor air quality	3,043	3,418	3,124
Special waste inventories	355	467	2,173
Pounds of hazardous waste collected from households	78,277	91,917	61,521
Emergency response for hazardous materials	219	161	137

## 2005 Star City Holiday Parade



The Keep Lincoln and Lancaster County Beautiful Program has been effective at reducing litter and illegal dumping. Each year education programs reach thousands of people and for the past 12 years the program has been a winner in the Star City Holiday Parade while promoting the parade as a litter-free event.

Sustaining and improving our air quality remains a high priority within the environmental health program. Indoor and outdoor testing and inspections are conducted daily. Last year 158 air compliance inspections were made and over 3,000 telephone consultations were handled.



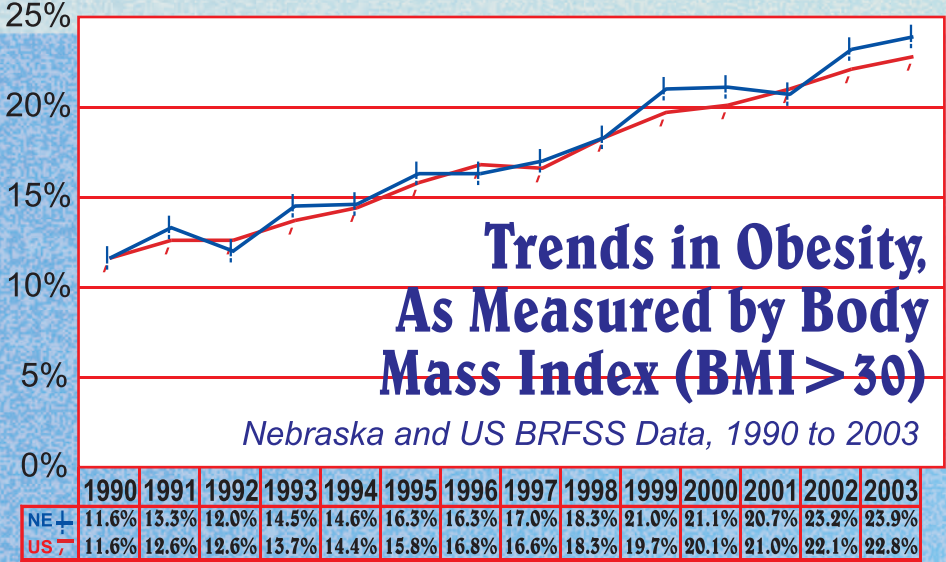
# ActionNow Community Diabetes Prevention & Control Program

The ActionNow Community Diabetes Prevention and Control Program was developed by many community partners in response to the rapidly growing number of adults and youth that have pre-diabetes or diabetes. Currently, one in three of us is at risk of developing diabetes in our lifetime. A primary goal of the program is to make the public aware that diabetes can often be prevented or delayed by practicing the healthy behaviors of eating healthy, moving more, and knowing our numbers - blood pressure, cholesterol, and blood glucose. The public is seeing these messages throughout the community on billboards, at the movies, in the media, and on the Web site. The Web site, [www.123ActionNow.org](http://www.123ActionNow.org), is designed to provide information to the general public as well as to health professionals.



Staff are working with Lincoln Public Schools to pilot the idea of “Walking School Buses” at 10 elementary schools in the spring of 2005. The program, in cooperation with students from UNL, focused on “Walking Wednesdays” at Clinton, Hartley, Pershing, Elliott, McPhee, Belmont, Arnold, Everett, Sheridan, and Ruth Hill. Students from UNL led Walking School Bus routes on six Wednesdays in April and May.

Percent as Calculated



**Visit the ActionNow Web site:**  
**[www.123ActionNow.org](http://www.123ActionNow.org)**

- Learn more about your risk for Diabetes
- How to calculate your BMI (Body Mass Index)
- What resources are available in Lincoln

## The Comprehensive Plan, Community Design & Public Health



*"Creating an environment in which all people can live healthy lives is a lofty goal. Many environmental and personal factors affect our health. Some are obvious - poor personal lifestyle choices, the air we breathe, the water we drink, the food we eat. Others are less obvious - safe sidewalks in all neighborhoods, trails, bicycle lanes, environmental hazards, a community norm that children walk to school."*

**Ed Schneider, OD**  
**Board of Health**

Many people in our community have become overweight and do not get enough physical activity to prevent heart disease, stroke, or diabetes. Everyone who is overweight knows they should lose weight. Everyone that is not physically active knows they should get some exercise. This past year, the Board of Health and the Planning Commission have been meeting to discuss these issues in preparation for the upcoming land use Comprehensive Plan process. It is our goal to become more involved in land use planning and community design decisions in order to make sure we have clean air, clean water, safe neighborhoods, and a walkable, bikeable community so you, our residents, can live healthier lives.





# Leading Causes of Preventable Disease

## Tobacco Use -- Obesity -- Physical Inactivity



Take  
Action Now  
to Prevent  
**Diabetes.**

**ACTION NOW!**  
Community Diabetes Prevention & Control

[www.123ActionNow.org](http://www.123ActionNow.org)

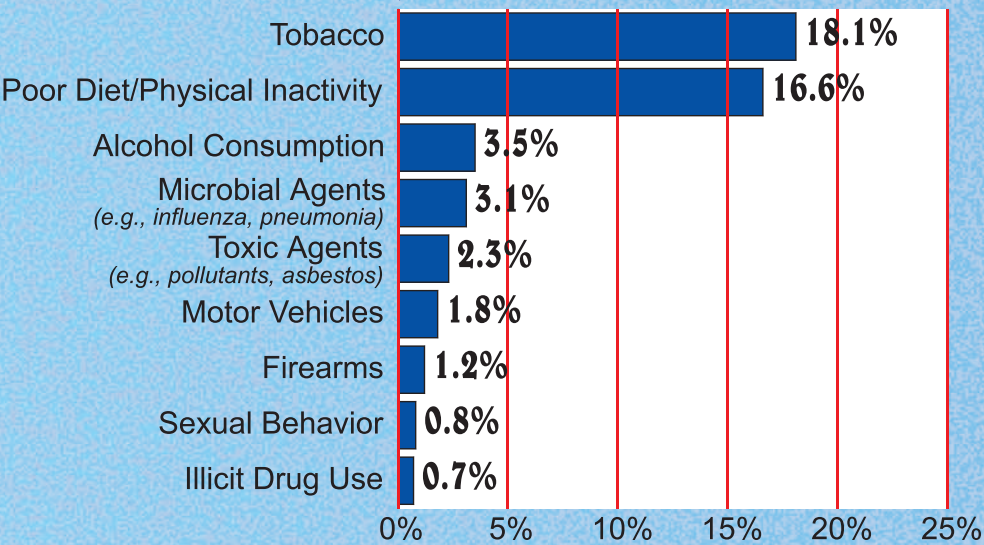
Know your numbers.



This may be the first generation of children that will have a **shorter life expectancy than their parents.**

### Actual Causes of Death

United States, 2000



### Cancer Facts for Lancaster County:

**Colorectal Cancer - the 2nd leading cause of cancer death**

- 1,129 fecal occult blood test kits distributed through the Lancaster Crusade Against Cancer
- 3% of returned test kits were positive

#### Breast & Cervical Cancer

- 2,817 women active in the Every Woman Matters Program
- Approximately 24% of women screened are minority clients
- Nutritional guidelines and physical activity provided through class or home study programs

#### Skin Cancer

- 7 skin cancer screenings at WorkWell companies
- 274 people screened
- 61 referred for further examination, biopsy, treatment

#### Women, Cancer & Tobacco - promote smoking cessation to women

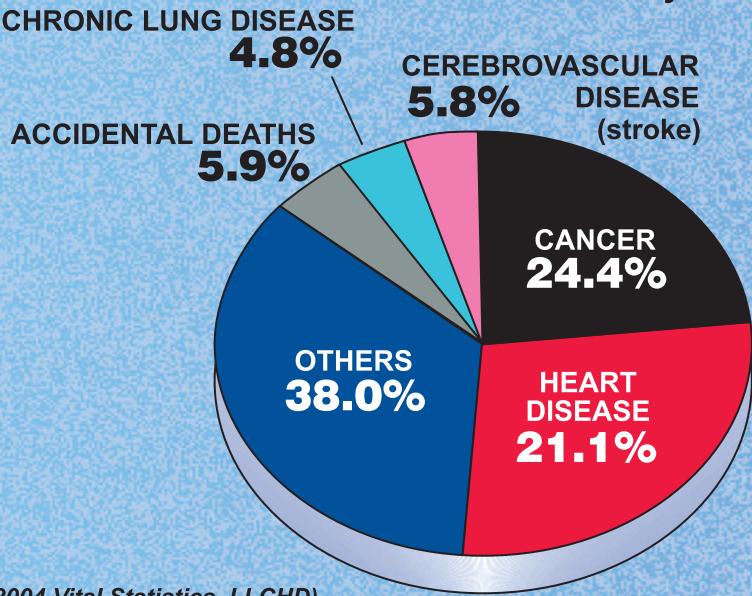
- 800 Quit Kits made and distributed
- 41% of persons responding committed to quit smoking



WorkWell employees and family members account for 110,000 people in Lincoln and Lancaster County. Local businesses realize that chronic disease and lifestyle factors affect their bottom line, including health insurance costs and lost productivity. Tobacco cessation classes, exercise programs, and healthy eating programs are promoted in all WorkWell companies.

Source: New England Journal of Medicine, March 17, 2005

### Cancer and Heart Disease Remain the Leading Causes of Death in Lancaster County



(Source: 2004 Vital Statistics, LLCHD)



Dental Health & Nutrition Services

Service Statistics

	FY 2002-03	FY 2003-04	FY 2001-02
Dental Division clinic visits	6,900	6,838	6,613
Over 60% of the clinic visits were for racial and ethnic minorities			
Children and adults reached through educational presentations*	3,262	5,296*	4,525*
Mobile Health Clinic (clients served)	1,106	952	1,025
Mobile Health Clinic site visits (all)	116	104	114
Mobile Health Clinic Dental staff site visits/clients served through screening, risk assessment, and education	57/289	76/594	88/643
Children receiving school screenings and referrals	5,580	5,322	5,028**
Clients seen in WIC Health and Nutrition Program	5,375	5,527	5,773
Estimated WIC nutrition education contacts per year	13,156	13,914	14,346
Estimated WIC client visits	10,212	10,501	10,968
WIC supplemental foods issued in dollars	\$1,007,271	\$1,246,581	\$1,305,137

*\*2,286 children reached through Lincoln Public Schools 3rd grade presentations in collaboration with the Lincoln District Dental Association using volunteer dentists, UNMC College of Dentistry dental students and LLCHD dental staff.*

*\*\*4,522 children were screened in 36 elementary schools, targeting children that have not reported seeing a dentist in the past 12 monts in collaboration with Lincoln Public Schools and the Lincoln District Dental Association using community dentists and LLCHD dental staff.*

The Mobile Health Clinic is a conduit to people in need of a permanent medical home.



368 clients were served on Mobile Health Clinic at 45 neighborhood sites for risk assessment, screening and referral for chronic disease prevention (cardiovascular disease, diabetes, cancer and oral health). Of those clients served, 342 or 93% had abnormal screening results or elevated risk factors. Neighborhood sites included area businesses, community centers, and faith-based organizations and churches. Another 200 clients were screened for skin cancer during 7 site visits with area WorkWell companies.

Nutrition Services

Women, Infants & Children (WIC)

The number of women and children served through the WIC Program has increased each year. In 2005, 5,773 clients received services at the Health Department. Nutrition education by registered dietitians helps assure positive health outcomes. Over 56% of the children diagnosed overweight or at risk for becoming overweight improve their Body Mass Index (BMI) status in approximately 6 months. 79% of the children that have a low hemoglobin improve within 6 months. Bilingual staff are employed in the Department’s clinic and are available to assist all clients when language is a barrier.



The Dental and Nutrition Division served nearly 7,000 children through outreach, screenings and education in Lincoln and Lancaster County schools this past year. 4,522 students who had not seen a dentist in the past 12 months received dental screenings at 36 elementary schools. Partners included::

- Lincoln District Dental Association
- Lincoln Public Schools
- University of Nebraska Medical Center, College of Dentistry
- Private practice dentists

Minority Health Outreach

Health disparities continue to climb. Improved access and reducing barriers is only part of the solution. The Lincoln-Lancaster County Health Department received a Minority Health Project Grant for \$982,759, a two year grant focusing on cardiovascular health serving minorities in medically underserved areas. Partners are: People's Health Center, Lancaster County Medical Society, Saint Elizabeth Regional Medical Center, Clinic With A Heart, UN-L Public Policy Center, UNMC College of Dentistry.



"People's Health Center and Lincoln-Lancaster County Health Department have collaborated on numerous projects to improve the significant health disparities evident in our community. This partnership has allowed us to be a "safety net" for care and address the barriers that exist. We are aware that no single agency can meet the needs of the underserved residents of this County. We continue to work closely with the Health Department in developing a plan so every person has access to a medical home."

David Paulus, MD  
People's Health Center  
2004 John J. Hannigan Award Winner



"It has been a great pleasure to have the opportunity to shadow Dr. Paulus. People's Health Center offers an excellent balance between clinical medicine, community care and public health activities. My nine months of direct patient encounter has given me the impression that quality primary care services through the health center has minimized costly emergency room visits while providing patients with a medical home."

Syed Waker Moazzem, MBBS, MPH  
Public Health Epidemiologist





Community Health Services

Service Statistics

	FY 2002-03	FY 2003-04	FY 2004-05
Pregnant women and their infants receiving home visits	1,274	1,715	1,815
Pregnant women accessing early prenatal care	1,171	1,262	1,256
Childhood immunizations given	15,933	14,209	13,577
New referrals to the maternal and child health program	1,493	1,303	1,489
Educational in-services to school health staff	168	185	216
Individuals seen by nurses through neighborhood health outreach	10,525	12,855	10,010
Information and Referral calls to Public Health Nurse (441-8065)	26,943	31,522	34,127
Clients seen in the primary care clinic	2,375	2,127	2,049
Adult immunizations given	7,943	10,335	9,516
Clients seen through STD/HIV/AIDS Program	2,784	3,189	3,546
Every Woman Matters (clients seen)	n/a	n/a	286
Children seen in child health clinic	n/a	n/a	481
Number of prescriptions through Grapevine	n/a	n/a	565 (estimate)



Home and Community Based Services are Directed at:

- Women and children at risk for poor pregnancy and birth outcomes
- Homeless and near homeless populations
- Underserved racial and ethnic minorities at risk for developing chronic disease

Health Outcomes Include:

- Normal birth weights and full-term pregnancies
- Increased initiation and follow-through with breastfeeding
- Reduced tobacco use and exposure to secondhand smoke
- Continuity with prenatal visits, physician visits and dental health care
- Decreased incidence of violence and injury

Public Health Nurses:

- Encourage healthy lifestyles and reduced barriers for all populations
- Screen and refer homeless and near homeless populations at several community agencies
- Assure access to medical homes, and provide prevention education and screening

Access Medicaid

The Lincoln-Lancaster County Health Department provides client education, outreach and enrollment services to the Medicaid Managed Care population in Lancaster, Douglas, and Sarpy Counties. Access Medicaid is a cooperative enterprise in a public/private partnership representing family/client and physician needs in Medicaid Managed Care. Access Medicaid provides these services for over 18,000 Lancaster County residents. A Public Health Nursing model is utilized to achieve the goals and mission to improve health outcomes through access, coordination of care and outreach activities.



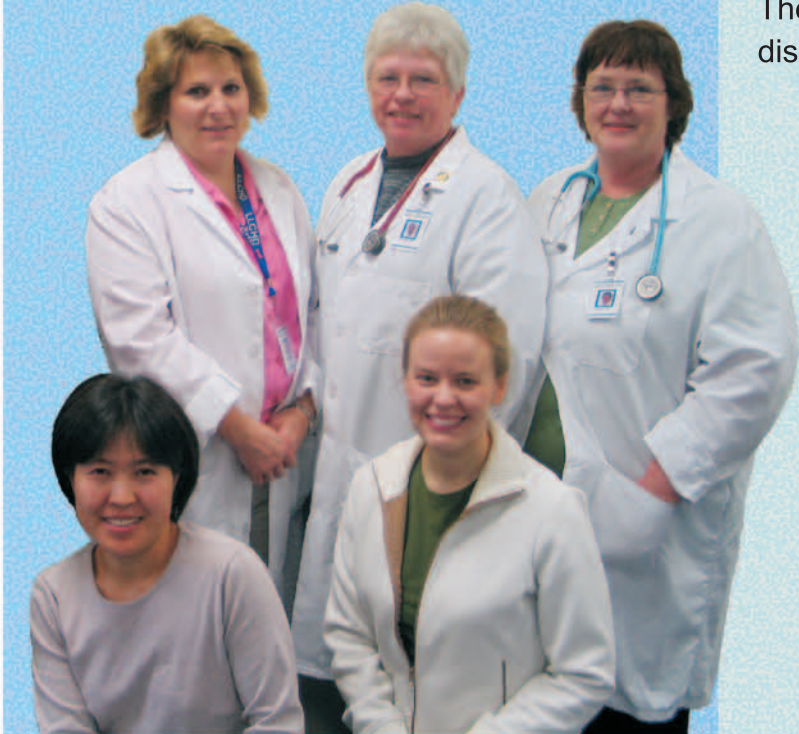
Public Health Clinic

The goal of the Public Health Clinic is to develop a team approach to client-centered and culturally proficient health services for a diverse population. The clinic provides education, early detection, prevention, and treatment of disease to individuals and families residing in Lancaster County.

Services provided at the clinic include:

- Immunizations (Child and Adult)
- Flu (Influenza) Clinic
- Walk In
- Primary Care Clinic
- Child Health Clinic
- Every Woman Matters, Breast and Cervical Screening
- Sexually Transmitted Disease (STD) Clinic
- HIV Counseling and Testing
- Presumptive Eligibility for pregnant women (Medicaid enrollment)
- Information and Referral Services
- Prescription Medication Assistance
- General Assistance Program

Over 23,000 immunizations were given to children and adults last year. Early prenatal care was sought by 1,256 pregnant women and 3,546 individuals were seen in the STD/HIV/AIDS program. Nearly 35,000 people called the Community Health Services Information and Referral telephone number at 441-8065 for help and assistance.





# Preventing Youth Tobacco Use

Youth tobacco use has declined steadily since 1991. Lincoln and Lancaster County High School youth that currently smoke has fallen from 40% in 1991 to 23% in 2005. Extensive outreach through school and community education has reached several thousand youth with facts about the dangers of tobacco use. Compliance checks have been conducted at several local businesses to monitor the sales of tobacco to minors. The compliance checks, along with education and enforcement, have significantly reduced the sale of tobacco to youth.

*If you would like more information about this program, please call 441-8045.*



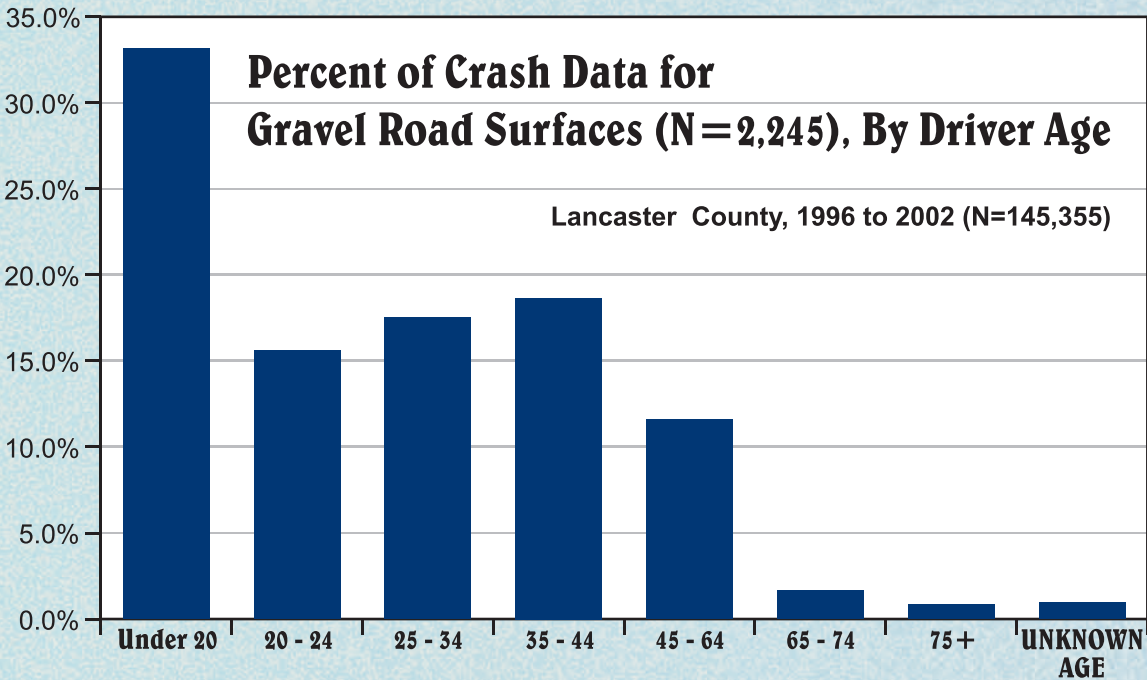
Over a 5-year period (1999-2003), 25,848 Lancaster County children 14 years of age and younger, received hospital care for unintentional injuries. 6 Task Forces of the Safe Kids Lincoln-Lancaster County offer a wide range of injury prevention programs:

- Bicycle Safety
- Child Passenger Safety
- Child Pedestrian Safety
- Fire and Burn Prevention
- Sports Injury Prevention
- Water Safety

# Injury Prevention

The Division of Health Data and Evaluation works closely with everyone in the Department to monitor, track and report public health trends and emerging public health issues. Motor Vehicle Crash Data is used extensively in the Injury Prevention Program. For instance, based on crash data from 1996 to 2002, we are able to determine that 29,782 individuals (drivers, passengers and persons in other cars) have been involved in crashes where the driver was 19 and under. That represents 20.4% of the 145,355 persons involved in motor vehicle crashes for the period.

*The graph below illustrates the importance of promoting safe driving for youth on rural (gravel) roads. Programs like "Safe Travel on the Gravel" and "Teens on the Road" have promoted drivers education and safe driving habits for high school youth in rural Lancaster County.*



# The Early Development Network Services Coordination

This program provides services coordination to families of eligible children (birth to 3 years) with disabilities to identify and meet the child and family needs through the coordination of informal and formal supports. It is designed to assist families when needed, while working toward self-direction and empowerment. Last year, 614 referrals were received. To accomplish the goal of referring children earlier to receive the maximum benefit of needed services, staff continue to strive for the development of strong community partnerships and cooperation.



## Summer Food Program





### FREE SUMMER MEAL

COMIDA GRATUITA EN EL VERANO

For: Anyone 18 and younger



The Summer Food Program served over 34,000 meals in 49 days in 2005. Twenty-four sites served breakfast, lunch or breakfast and lunch to children from the ages of 2 to 18 years of age. Partners involved with the effort included Lincoln Public Schools, Russwood Chrysler Plymouth, Lincoln Parks & Recreation, 21<sup>st</sup> Century Community Learning Centers, and various churches.





## Healthy Homes & Teddy Bear Cottage

The Teddy Bear Cottage was formed through a partnership of the Health Department, Kiwanis, YWCA, and the Hispanic Center to provide necessary items to participants of both the Healthy Homes Program and the Y Parenting Program. By practicing healthy behaviors such as prenatal visits to the doctor, breast feeding, immunizations, and others, the participants can earn points to "purchase" items such as diapers and wipes. The Teddy Bear Cottage is located in the Hispanic Center and is open and staffed every Wednesday by members of the Kiwanis Clubs of Lincoln.

## Health Promotion & Outreach

	FY 2002-03	FY 2003-04	FY 2004-05
Children and families receiving child safety seat education	1,200	1,084	860
Children participating in Bicycle Safety Rodeos	1,780	1,584	1,550
Kindergarten through sixth grade School Health Fair participants	1,310	816	558
Schools participating in Tobacco Prevention and Education Programs	52	94	94
Bicycle helmets sold and fitted	928	610	656
Families served by Healthy Homes	255	233	187
Individuals reached through cultural diversity trainings and presentations	697	793	307
Summer Food Program sites operated in Lancaster County	31	28	24
Breakfasts and lunches served through the Summer Food Program	35,354	36,643	34,312
Public health news alerts and media contacts (all Divisions)	525	735	775
Health and Human Service program listings in resource directory (IRis)	1,200	1,235	1,255
Businesses enrolled in WorkWell/employee participation	100/50,500	82/52,500	93/55,500
Active clients in the Every Woman Matters Program	2,621	2,798	2,817
Referrals to the Early Development Services Coordination Program	444	473	614
Youth Risk Behavior Survey (YRBS) number of youth surveyed	No survey	968	739
Behavior Risk Factor Survey (BRFS) number of adults surveyed	1,609	1,858	1,512

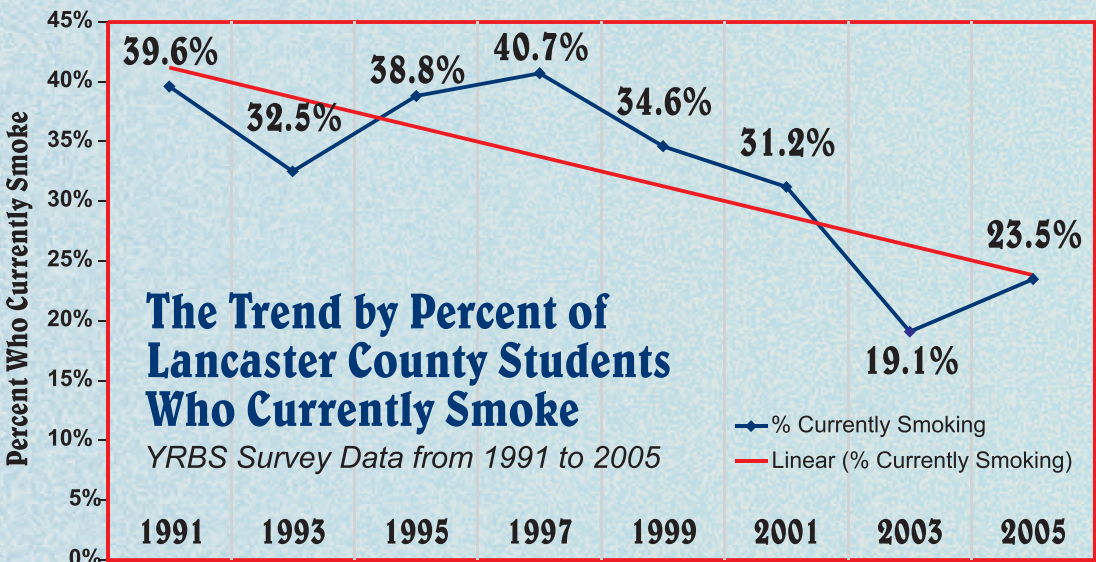
## Service Statistics

## Automated External Defibrillators



AED (Automated External Defibrillators) Consortium members, in cooperation with businesses, civic groups and non-profit organizations, have placed and registered over 200 AEDs in Lancaster County. The project includes training, education and equipment support.

- Consortium members include:*
- American Heart Association-Heartland Division
  - American Red Cross - Lancaster County Chapter
  - BryanLGH Foundation
  - BryanLGH Heart Institute
  - BryanLGH Medical Center
  - EMS, Inc.
  - Health Partners Initiative
  - Lancaster County Medical Society
  - Lincoln 911
  - Lincoln Fire and Rescue
  - Lincoln-Lancaster County Health Department
  - Lincoln Police Department
  - Madonna Rehabilitation Hospital
  - Nebraska Health & Human Services System
  - Nebraska Heart Hospital
  - Nebraska Heart Institute
  - Nebraska Safety Council
  - Saint Elizabeth Regional Medical Center



## Youth Risk Behaviors (1991 - 2005)

The Health Department has been surveying students in the County's public schools since 1991 to assess risky behaviors with teens. Results from the 2005 Lancaster County Youth Risk Behavior Survey demonstrated that, during the 30 days preceding the survey, numerous high school students engaged in behaviors that increase their likelihood of death from one of these causes: 35.3% had ridden with a driver who had been drinking alcohol; 19% had carried a weapon; 44.8% had consumed alcohol; and 20% had used marijuana. In addition, during the 12 months preceding the survey, 25% of high school students had been in a physical fight, and 6.3% had attempted suicide. In 2005, 32% of the students surveyed had sexual intercourse; 38% of the students who were sexually active had not used a condom.

## Staff Give Back to the Community



*In 2005, during the annual food drive, staff brought in 5,078 pounds of food and raised over \$1,453.00 in cash. Staff also participated in the cancer walks, Star City Parade, Giving Tree and the United Way annual campaign.*



# Lincoln-Lancaster County Health Department Elected Officials & Departmental Staff

## Lancaster County Board of Commissioners

Bernie Heier  
Larry Hudkins, Chairperson  
Deb Schorr  
Ray Stevens  
Bob Workman

## Lincoln City Council

Jon Camp  
Jonathan Cook  
Robin Eschliman  
Dan Marvin  
Annette McRoy  
Patte Newman  
Ken Svoboda, Chairperson

Mayor, City of Lincoln  
Coleen J. Seng



Gilbert Savery, Past Board of Health President, receives an award from the National Association of Local Boards of Health. Pictured with Gilbert Savery are from left Larry Hudkins and wife, Averil Savery.

## FY 2004-2005 ANNUAL FINANCIAL REPORT

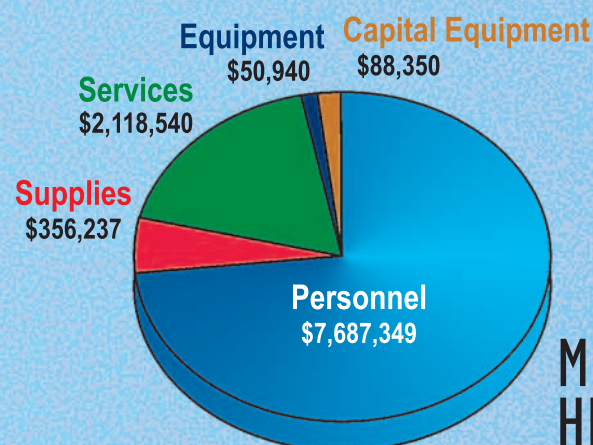
Fiscal and budget decisions are based on community input, department and program strategic direction, and analysis of program impact on the health status of the population. Activities include: budget, revenue collection, payment of expenses, grant writing monitoring, auditing, fiscal oversight, permitting and billing and fiscal reporting.

### REVENUE BY SOURCE

FY 2004 - 2005	TOTAL	PERCENT
City	\$4,381,544	42.36%
County	\$2,276,103	22.00%
State/Federal	\$ 141,528	1.37%
Occupation Tax Revenue	\$ 702,635	6.79%
User Fees	\$2,668,458	25.80%
Interest/Unbudgeted	\$ 95,606	0.92%
Fund Balance	\$ 78,227	0.76%
<b>TOTAL</b>	<b>\$10,344,101</b>	<b>100.00%</b>

### EXPENDITURE BY CATEGORY

FY 2004 - 2005	TOTAL	PERCENT
Personnel	\$7,687,349	74.32%
Supplies	\$ 356,237	3.44%
Services	\$2,118,540	20.48%
Equipment	\$50,940	0.49%
Capital Equipment	\$ 88,350	0.85%
Debt Service	\$ 42,685	0.41%
<b>TOTAL</b>	<b>\$10,344,101</b>	<b>100.00%</b>



## MISCELLANEOUS HEALTH GRANT FUNDS

Prior Year Revenue Balance (8/31/2004)	(\$319,789)
Expenditures (9/1/04-8/31/05)	\$ 7,759,220
State/Federal	\$ 2,008,876
Local/State	\$ 5,721,609
Donations-Gift	\$ 28,735
Revenue (9/1/04-8/31/05)	\$ 7,049,355
State/Federal	\$ 1,791,888
Local/State	\$ 5,222,247
Donations-Gift	\$ 35,221

2005 Expenditure Balance to be reimbursed in 2006 **\$390,076**

# 58<sup>th</sup> ANNUAL REPORT

2004 - 2005



Staff at the Lincoln-Lancaster County Health Department are dedicated to the mission, "Protecting and Promoting the Health of the Community".

This annual report is also available on the Web site at <http://www.lincoln.ne.gov/city/health/index.htm>.

For more information call 441-8093

### ADMINISTRATIVE DIVISION

Bruce Dart, Ph.D., Health Director  
+ Steve Beal, Assistant Health Director  
Judith Halstead, Resource & Program Development Coordinator  
Elaine Severe, Administrative Assistant  
+ Kathleen Doolittle  
Roni Olander  
Jim Ring

### INFORMATION & FISCAL MANAGEMENT DIVISION

Kathy Cook, Division Manager  
Sheryl Crumb  
Richard Faubel  
Trudy Franssen  
Justin Jedlicka  
Karen Kerl  
Magdalena Krynsky  
Ruth Spicer  
Carlene Waldron  
Trudy Woodyard  
Zhong Xu

### ENVIRONMENTAL PUBLIC HEALTH DIVISION

Scott Holmes, Division Manager  
+ Jim Bare  
Gary Bergstrom  
Nathan Brandt  
NgocAnh "Brittney" Bui  
John Chess, Jr.  
Nancy Clark  
Lori Cook  
Justin Daniel  
+ Paul Drotzmann  
Janet English  
Ron Eriksen  
James Fobben  
Harry Heafer  
Mike Holmquist  
Jerrold Hood  
+ Marcia Huenink  
Brian Hurst  
+ Joyce Jensen  
Gail Johnson  
Mark Kenne  
KathyKing  
Diana Lane  
+ Harry LeDuc  
Maritza Leon  
Bill Lyons  
Beth Mann  
Leon Marquart  
Ron Marquart  
Ralph Martin  
Andrea Mason  
James Newman  
Traci Payne  
Renae Rief  
+ Phil Rooney, Ph.D.  
Craig Schainost  
Chris Schroeder  
Elaine Schumaker  
Richard Slama  
+ Doug Smith  
+ Rick Thorson  
Sandra Tryon  
David Voboril  
Jason Wagner  
Gary Walsh, Ph.D.  
Pam Wismer

### ANIMAL CONTROL DIVISION

+ James Weverka, Division Manager  
Denise Bollwitt  
Cheryl Bomberger  
Melissa Brown  
Kurt Dodd  
Jesse Dunn  
+ Diane Hoy  
Kris Johnson  
John Lowry  
Janet Masters  
Andrew Morford  
Hayley Morinelli  
N. Sarah Neujahr  
Veloris Sellmeyer  
+ Randy Sipp  
Trent Smith  
Jane Tyrrell  
Shelly Waggoner  
DeMon Wimes

### HEALTH DATA & EVALUATION DIVISION

Stephen Frederick, Division Manager  
+ Lynn Beatty  
Brenda Christie  
Diana Dyer  
Ann Fetrick, Ph.D.  
Daniel Huse  
Raju Kakarlapudi  
Cheryl Lockett  
Syed Moazzem  
Bhanu Mudhunuri  
Jim Platt  
Patricia Talamante  
Timothy Timmons

### HEALTH PROMOTION & OUTREACH DIVISION

Charlotte Burke, Division Manager  
Catalina Avarez  
Brian Baker  
Jill Baker  
Shelli Buhr  
Janelle Clifton  
Tracy Dahlstrom  
Deb Edelmaier  
Joyce Endres  
Heidi Gubanyi  
Lynn Hans  
+ Lisa Henning  
Alicia Hettenbaugh  
Mike Heyl  
Peggy Huggins  
David Humm  
Marilyn James  
Janette Johnson  
Lynn Jones  
Sandra Keller  
Jean Krejci, Ph.D.  
Nancy Malone  
Renee Massie  
Carolyn Mitchell  
Leslie Novacek  
Cynthia Peters  
Christine Riffle  
Tracy Rollins  
Pam Rowe  
Aaron Smith  
Stephanie Smith  
Geraldine Swagger  
Tuyet Anh Tran  
Neithola Turner  
Tammy Weihe  
Teresa Zuerlein

### COMMUNITY HEALTH SERVICES DIVISION

Cordelia Okoye, Ph.D., Division Manager  
Bernice Afuh  
Patty Baker  
Jane Bitney  
Martha Brown  
Sally Cameron  
Lindsay Carnahan  
+ Mary Christensen  
JaDeen Cornell  
Rebecca Davis  
Donna Densberger  
+ Marjorie Determan  
Jann Douglas  
Anita Dover  
April Fatemi  
Julie Fitzgerald  
+ Joleen Geer  
+ Tina Goodwin  
Sharla Griess  
Roxanne Groff  
Becky Hansen  
Jodi Harcrow  
Gloria Hernandez  
Thurman Hoskins, Jr.  
Julia Hudson  
Kathleen Hummel  
Alyssa Johnson  
Anita King  
Alisha Klein  
Carol Kukuk  
Sunghuy (Susie) Lee  
Beth Leipold  
Jane Linsenmeyer  
Julie Lovelace  
Julianne Marsh  
+ Barbara Martinez  
+ Wayne Mollhoff  
Brenda Monroe  
Heidi Oman  
Whitney Patterson  
Jean Pearson  
Lamar Pringle  
Betsy Resch  
Kimberly Rettig  
Corrine Roach  
Geraldine Rorabaugh  
Janet Rose  
Kristina Saunders  
Alicen Schulte  
Cheryl Schulte  
Ruth Shubert  
Kim Sparks  
Marsha Stafford  
Ann Stokebrand  
Janet Stratton  
Annette Sturtz  
Shirley Terry  
Sandi Thurmond  
Julia Tracy  
Lisa Truax  
Janice Wagner  
Tammy Weihe  
Shannon Williams  
+ Susan Winkler  
Brenda Wolfe  
Jennifer Wood

### DENTAL HEALTH & NUTRITION SERVICES DIVISION

Gwendy Meginnis, Division Manager  
+ Angie Avila  
Bobbi Beat  
Lucy Blood  
Tonya Danson  
Megan Davison  
Sydney Dean  
Catherine Einspahr  
Angie Elliott  
Laurel Erickson  
Janet Fischer  
Leslie Hammerschmidt  
Angela Kamrodt  
Stephanie Meadows  
Deb Meyerhoff  
Lisa Munger  
Melissa Oerman  
Claudia Pankoke  
Constance Patterson  
Heidi Sailer  
Karen Thomas  
+ My Trang Tran

+ Longevity (10+ years) Service in 2005  
Employee of the Month in 2005



Steve Beal, Editor  
& Joyce Endres

Designed by  
CITIZEN  
INFORMATION  
CENTER  
12/2005